

# CURRY COLLEGE

## EXCELLENCE AND SCHOLARSHIP IN THE FIELD AWARD

### **Dr. Ann Marie Leonard-Zabel, Psychology**

#### **PUBLICATIONS:**

Asked by the International Board of Credentialing and Continuing Educational Standards (IBCCES) to author 6 modules for three international certifications - Authored 6 different modules for three different international certifications. Published Fall of 2020 and was distributed worldwide.

The publication modules fall under the following international certifications:

- 1.) Board Certified Autism Specialist (BCAS) Levels 1 & 2
- 2.) Board Certifies Telepractice Specialist (BCTS)
- 3.) Guest 2.0 Tourism Management Certificate-(Guest 2.0) Decreasing Anxiety, Fostering Empathy, and the Power of Positivity with Guest Services.

#### **BREAKDOWN OF INTERNATIONAL CERTIFICATES OCTOBER 2020**

- 1.) Board Certified Autism Specialist – Level 1 and Level 2 Autism Spectrum Disorders Assessment Practices Module
  - (a) COMPETENCY AREA: In this module, we will discuss how to assess for Autism Spectrum Disorder (ASD) from a brain and behavior approach using Neuroeducational assessments. Various assessment tools will be discussed along with a model of assessment that will assist with providing diagnostic approaches leading to interventions' Autism Spectrum Disorder Behavioral Perspective Module
  - (b) COMPETENCY AREA: This module aligns to the IBCCES Behavior competency. This module aligns to the IBCCES Behavior competency. This competency covers Applied Behavior Analysis, Positive Behavior Supports, Crisis Intervention, and Cognitive Behavior Therapy approaches and strategies for assisting in the treatment of Autism Spectrum Disorder. This important when working with individuals with Autism Spectrum Comorbidities Connected to Autism Spectrum Disorder (ASD)
  - (c) COMPETENCY AREA: This module aligns to the IBCCES Comorbidities Competency. This competency covers specific interventions for parents and caregivers involved the individuals with Autism Spectrum Disorder. This module will help empowered families with understanding the different commodities affecting Autism Spectrum Disorder. This is important when working and living with individuals diagnosed with Autism Spectrum Disorder.
- 2.) Board Certifies Telepractice Specialist (BCTS) Ethical Concerns and Recommendations in Mental Health Module
  - (a) COMPETENCY AREA: This lesson aligns to the Assessment for the Ethical Consideration Competency. Ethics permeates throughout the major competencies for the Telepractice Specialist certification. This lesson will focus on Ethics as it applies to Telepractice for Counseling and Assessment. This is important when working with individuals with Mental Health concerns.
  - (b) Board Certified Telepractice Specialist Module (BCTS) Assessment Practices for Mental Health Professionals  
COMPETENCY AREA: This lesson aligns to the IBCCES Assessment competency for the Board Certified Telepractice Specialist. This competency covers the assessment available via teletherapy and considerations for assessment approaches that would likely assist a client/patient to receive optimal care with learning and mental health needs. This is important when working with individuals with who need assessments when face-to-face assessments are not available due to disease, weather, and/or distance.

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3.) Guest 2.0 (Tourism Management)-Decreasing Anxiety, fostering Empathy and the Power of Positivity with Guest Services.

(a) Mental Health and Wellness. This lesson aligns to the IBCCES Guest Experience 2.0 competency. This competency covers the understanding of how fear and anxiety can affect the hospitality and attraction staff, as well as guests and how to foster mutual empathy along with the power of positivity. This is important when working with individuals that are colleagues, as well as guests, when welcoming and working with all within a particular hospitality and/or attraction venue.

## INTERNATIONAL COMMUNITY ENGAGEMENT:

1.) Learning Disabilities Worldwide Congress-Serve as Board Member (2020-2021)

2.) Global Goodwill Ambassadors Foundation – Hold (GGA) Designation Within the Representation of the USA Summer 2020 attended a training provided to by the Global Goodwill Ambassadors who are proud partners of the United Nations Sustainable Goals 1-7.

I was invited and attend a training the USA GGA's on the United Nations Sustainable Goals (SDG) (1-4 of 17). It was one of the most wonderful professional experiences to begin learning about Universal Human Rights. My goal is to develop a universal International Assessment Process for Addictions and include students in the development process. International Leadership Training and Certifications

3.) American Psychological Association (APA) Emerging Leadership Academy 2020-2021  
Training Certification Completed and Awarded.

APA's Emerging Leadership Academy is designed to give psychologists at every career stage the skills it takes to successfully transition into a leadership role. The Academy focused on Leadership During Challenging Times: Disruption, Transition, and Innovation. The Academy addressed the characteristics, qualities, and processes associated with novel challenges that demand change and invite innovation in response to the uncertainties ones confront as a leader during critical times. National leaders provided focused treatment of select topics that were central to success across workplace settings or career stage. Emerging leadership is about harnessing, focusing, and dedicating a psychologist to lead change during times of transformation.

Areas covered are as follows: Leadership in Times of Difficulty; Building and Engaging and Supporting Teams During Times of Uncertainty, The Science of Teamwork-Enabling Teams to Thrive; Leading with Evidence; Most Leaders Once Felt Like a Fraud-But You Do Not have to, Customizing Mentoring for Leadership Development; Innovative Leadership Strategies During Uncertainty; and Leveraging the Brain-Brain-based Strategies Consulting. The Academy awards a certificate of completion when one successfully completes the program. One becomes an international member of a growing network of APA emerging leaders that continue to learn and foster leadership skills locally, nationally, and internationally for mental health.

4.) The Global Mental Health: Trauma and Recovery Certificate Program delivered and instructed by the Harvard Program in Refugee Trauma (HPRT) and the Harvard Medical School. Date of scheduled completion is April 2021  
Certification Awarded.

The Harvard Program in Refugee Trauma (HPRT) and the Harvard Medical School are offering an extraordinary two-week online certificate program, Global Mental Health: Trauma and Recovery. The program provides training for health care practitioners, humanitarian relief workers and policy planners addressing the health and mental health sequelae of trauma. The curriculum is adaptable for diverse populations and global environments affected by violence and natural disasters.

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The Global Mental Health: Trauma and Recovery Certificate Program is the first of its kind in global mental health, trauma, and post- conflict/disaster recovery. The major rationale for this Certificate Program emerged from 30 years of clinical care, training, and research by the faculty with survivors of violence and natural disasters throughout the world.

In collaboration with Caritas Rome, Fulbright New Century Scholars Program, and the World Bank, HPRT and the Istituto Superiore di Sanità (ISS) developed the global Project 1 Billion: International Congress of Ministers of Health for Mental Health and Post-Conflict Recovery.

In December 2004, this project brought together Ministers of Health from the world's post-conflict countries to endorse a science-based, culturally effective, and sustainable Mental Health Action Plan and Book of Best Practices for post-conflict recovery. Project 1 Billion revealed the great need for the education and capacity building of health care professionals, international relief workers and policy makers in the area of mental health.

This Global Mental Health: Trauma and Recovery Certificate Program is a major result of Project 1 Billion. Upon successful completion of the program, participants receive a certificate of completion from the Harvard Program in Refugee Trauma and a certificate of participation with continuing medical education credits from Harvard Medical School.

Mission and Learning Objectives: More than one billion people have been affected by violence and disaster throughout the world. Our mission is to maximize a scientific and cultural approach and methodology to reduce suffering, minimize disability and increase resiliency for survivors of violence worldwide.

This Program offers a transformative training experience to create a network of global leaders in mental health recovery. Upon completion of the certificate program, participants will be able to:

1. Integrate science, culture and evidence-based knowledge and practices in policy planning, clinical care, humanitarian, and human rights activities.
2. Implement and use advances in the neurosciences and cultural knowledge of the clinical care of traumatized persons, their families, and communities.
3. Define effective scientific approaches for the care of survivors of the COVID-19 pandemic, racial trauma, and climate change.
4. Demonstrate new leadership skills into program development, clinical care, and research.
5. Implement culturally sensitive and effective evaluation approaches into the work environment.
6. Apply professional development and ethics in working with vulnerable groups and communities.

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## PRESENTATIONS:

- Curry College:
  - o How to Cope with Uncertainty during Difficult Times. Excellence in Teaching Invited Presentation, December 2020.
  - o Renfield's Syndrome also known as Clinical Vampirism (Emerging Personality Disorder) Excellence in Teaching Invited Presentation, April 2021.
  
- International:
  - o September 2020 Learning Disabilities Worldwide Congress Presenter
    - Neurobiology of Happiness: How to be Happy When Experiencing Neuro-Behavioral Challenges in Life.
      - First Undergraduate to Present at LDW from Curry College: I invited my student and recent 2020 Curry College graduate, Tiana Delano, to apply and petition to present a paper on learning disabilities. It was a blind review. Her paper was accepted. She was the first undergraduate student in the Learning Disabilities Worldwide Congress to present at an international professional conference. The conference was virtual due to COVID-19, hosted by Spain and Germany. It was an absolute joy to present at the same conference with Tiana and most of all mentoring her to present. Very proud day for her, myself, and most of all Curry College.
  - o October 2020 International Symposium on Cognitive Research and Disabilities (ISCRD):
    - Was invited to present two papers and both were performed in a TEDx online simulation. Both presentations streamed live worldwide along with 20 other international presenters.
      - Paper 1: New Beginnings: Teletherapy Approaches Involving Mental Health Assessment.
      - Paper 2: How Can we Reach a Variety of Learning Styles in a Virtual Learning Environment?