



2026-27

*Exercise Science Policy
and Information Booklet*

Dear Students,

Welcome to the Curry College Exercise Science Program!

Congratulations on taking this important step toward advancing your education and career in the dynamic field of Exercise Science. Rooted in a strong liberal arts and sciences tradition, our program offers a distinctive learning experience designed to equip you with the knowledge and skills needed to improve human health, performance, and well-being in an ever-evolving world.

We are proud to share that upon the recommendation of the Committee on Accreditation for the Exercise Sciences (CoAES), our program is accredited by the **Commission on Accreditation of Allied Health Education Programs (CAAHEP)** (www.caahep.org). This accreditation reflects our commitment to maintaining the highest standards in education and preparing you for success in the Exercise Science profession.

Exercise Science is a field that demands continuous growth, curiosity, and adaptability. As you embark on this journey, you'll learn to integrate scientific principles with practical applications, preparing you to meet the challenges of a diverse and changing health landscape. Our faculty are committed to fostering critical thinking and innovation, encouraging you to become leaders who apply evidence-based strategies with integrity, empathy, and enthusiasm.

At Curry College, you will find a stimulating academic environment that challenges you while providing strong support through a community of dedicated educators and professionals. Our faculty bring a wealth of experience and accomplishments, serving as inspiring mentors as you develop your expertise. Approach each class, lab, practicum, and internship with eagerness and an open mind—these experiences are your foundation for becoming a skilled and compassionate practitioner.

We also emphasize the importance of self-care and reflection as vital components of a sustainable and fulfilling career. Cultivating these habits now will help you stay resilient and passionate throughout your professional life.

To make the most of your time here, I encourage you to explore the wealth of resources available to you. Start by reviewing the *Exercise Science Program Policy and Information Handbook*, which is updated annually to keep pace with advances in the field. Don't forget to utilize campus resources such as Advising and Academic Success, Levin Library, Media and Technology services, and the Writing Center. Familiarize yourself with the *Curry College Student Handbook* and *Course Catalog* for important policies and academic information.

Your education is a personal journey, I encourage you to engage fully with the Curry community. Get involved with student organizations focused on fitness, wellness, and health promotion, or contribute your voice by volunteering on committees. Your perspective is invaluable, and we want to partner with you to ensure your experience is enriching and empowering as you work toward your degree.

Wishing you an inspiring and successful journey throughout your time at Curry College and beyond,

Dr. Courtney Jo James-McGonigle

Courtney Jo James-McGonigle, PT, DPT
Program Coordinator and Assistant Professor of Exercise Science

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Notice of Responsibilities and Disclaimers—Please Read!

The Exercise Science Program Policy and Information Handbook for Academic Year 2025-2026 supplements information, policies, procedures, regulations, and activities set out in the Curry College Student Handbook 2025-2026 and academic policies and procedures found in the Curry College Course Catalog 2025-2026 and are in effect at the date of their respective publications (generally, August of that academic year). By accepting admission to the College and further designation into the Exercise Science Program, a student agrees to comply with all the College's policies and procedures, including those outlined in these three publications, as well as those policies which may be modified or implemented during the year. All Curry College Exercise Science students are responsible for acquainting themselves with and understanding the contents of the Exercise Science Program Policy and Information Handbook for Academic Year 2025-2026, the Curry College Student Handbook 2025-2026, and the Curry College Course Catalog 2025-2026, the aforementioned annual iterations of these publications, and following all applicable College policies, procedures, rules, and regulations.

DISCLAIMER – THIS HANDBOOK IS NOT A CONTRACT

The items, policies, procedures, and regulations contained in this Exercise Science Program Policy and Information Handbook are in effect at the date of publication, August of that academic year. Exercise Science Program Policy and Information Handbook for Academic Year 2025-2026, the Curry College Student Handbook 2025-2026, and the Curry College Course Catalog 2025-2026 do not constitute contracts and neither create expressed or implied contractual obligations on Curry College. The contents of these publications can be changed, modified, or updated in the sole discretion of the College and/or Exercise Science, respectively, during the academic year. As a result, all rules, regulations, procedures, and policies of Curry College are subject to change through the appropriate departments, divisions, and offices at any time. In addition, updates and changes may be posted during the academic year to the web version of the booklet, handbook, and catalog posted at www.curry.edu.

1. EXERCISE SCIENCE GENERAL PROGRAM INFORMATION

1.1 Exercise Science Personnel

Administration

Michelle McMahon (2008)

Dean School of Nursing and Health Science
 B.S.N., Salem State College
 M.S.N., Salem State College
 Ph.D., University of Massachusetts Dartmouth
 Certified Nurse Educator (CNE)
 Nurse Executive Advanced (ANCC)

Exercise Science Faculty

Courtney James PT, DPT (2022)

Program Coordinator & Assistant Professor
 B.S., Exercise Science, University of Scranton
 DPT, Doctorate of Physical Therapy, University of Scranton

Rebecca Olivieri PT, DPT, CSCS (2024)

Assistant Professor, Special Appointment
 B.A., Biology, Wheaton College
 DPT, Doctorate of Physical Therapy, UMASS Lowell

Dana Fryer MS, RDN, CNSC (2025)

Associate Lecturer
 B.S., Nutrition and Dietetics, Boston University
 M.S., Nutrition and Dietetics, Boston University

Kevin O'Neill MS, HSSCC, Pn1 (2025)

Associate Lecturer
 B.S. Stonehill College
 M.S. Strength and Conditioning, Bridgewater State

Jay Patruno, MS, RDN, LDN, CPT, CNC (2026)

Associate Lecturer
 B.S. Nutrition Science and Dietetics, Boston University
 M.S., Nutrition Science, Johnson & Wales

Christopher Lestan (2026)

Associate Lecturer
 B.S. Kinesiology, UMASS Amherst
 M.S. Physical Education, Bridgewater State University

Health Science Faculty

Melissa Weinstein (2016)

Public Health and Wellness
Associate Professor & Program Coordinator
 PhD, Indiana University Bloomington
 M.S., University of Massachusetts Amherst
 B.S., University of Massachusetts Amherst

Jacqueline Murphy (2022)

Public Health and Wellness
Assistant Professor
 DrPH, University of Colorado
 M.S., Boston University
 B.A., Boston University

Colby Zongol (2023)

Public Health and Wellness
 Assistant Professor
 PhD, Widener University
 B.A., University of Connecticut

Staff

Olivia Howley (2025)

Administrative Assistant to Faculty & Staff
 B.A., Salve Regina University

Amanda Durand (2020)

Senior Administrative Assistant to the Dean
 B.S. University of Massachusetts Lowell

1.2 History of the Exercise Science Program

The Curry College Exercise Science Program was established in the fall of 2024 in response to growing student interest and the increasing demand in the labor market for professionals equipped with the specialized competencies of Exercise Scientists.

At its inception, the program was incorporated into the newly formed School of Nursing and Health Sciences, underscoring the College's strategic commitment to expanding educational opportunities and resources within the allied health professions.

On May 16, 2025, the program was recommended for initial accreditation by the Committee on Accreditation for the Exercise Sciences (COAES) and was subsequently granted accreditation by the Commission on Accreditation of Allied Health Education Programs (CAAHEP). This recognition places Curry College among only six institutions in the state to have successfully completed this rigorous accreditation process, affirming the program's adherence to high standards of academic and professional excellence.

The program anticipates celebrating its inaugural graduating class in the spring of 2027.

1.3 Vision and Mission of the Exercise Science Program

The *vision* of Curry College Exercise Science is to inspire and empower students to become leaders in health and human performance by providing a transformative education rooted in science, hands-on experience, and a commitment to lifelong wellness. We envision our students making a lasting impact on individuals and communities through their passion, knowledge, and dedication to improving lives.

The *mission* of Curry College Exercise Science is to support and prepare students as they grow into skilled, ethical, and compassionate professionals. Through a dynamic curriculum that blends scientific theory with real-world application, we provide students with the knowledge, hands-on experiences, and mentoring needed to excel in fitness, healthcare, and wellness fields. Our mission is to help students discover their potential, pursue their passions, and make meaningful contributions to the health and well-being of diverse communities.

1.4 Baccalaureate Program Outcomes & Learning Objectives

Can also be found on the [Exercise Science Program Webpage](#)

Program Outcomes

Graduates of the Curry College Bachelor's of Exercise Science Program enter the health profession prepared to:

1. Prepare students for entry level placement in careers of fitness, wellness, sports performance, medical fields, and/or continuing graduate studies in interrelated fields of Physical Therapy, Accelerated Nursing, Athletic Training, Cardiac Rehab, Exercise Physiology.

2. Establish foundational knowledge in anatomical terminology and physiological processes in the human body as related to fitness and wellness.
3. Translate knowledge of assessment, design, and implementation of exercise programs into a practical skill set.
4. Increase the capacity to modify physical fitness and wellness plans based off of the individual, including special populations (e.g. cardiac, peripartum, and adolescents).
5. Encourage use of motivational strategies and behavioral techniques both for professional self-improvement and that of future clients.

Program Learning Objectives

1. Assess, Design, and Implement individual and group exercise and fitness programs form participants who are apparently healthy and those with controlled disease.
2. Evaluate health behaviors and risk factors, identifying necessary modifications or emergent scenarios.
3. Analyze the role that multiple body systems, lifestyle, and genetics play in development of a holistic approach to health and fitness.
4. Design appropriate exercise prescriptions with consideration of the participant's goals, medical history, and current fitness levels for both healthy populations and those with controlled disease.
5. Demonstrate skill in motivational techniques to encourage positive lifestyle behaviors for health promotion.
6. Recognize various roles, industries, and global impact that Exercise Science professionals can influence in regard to health promotion.

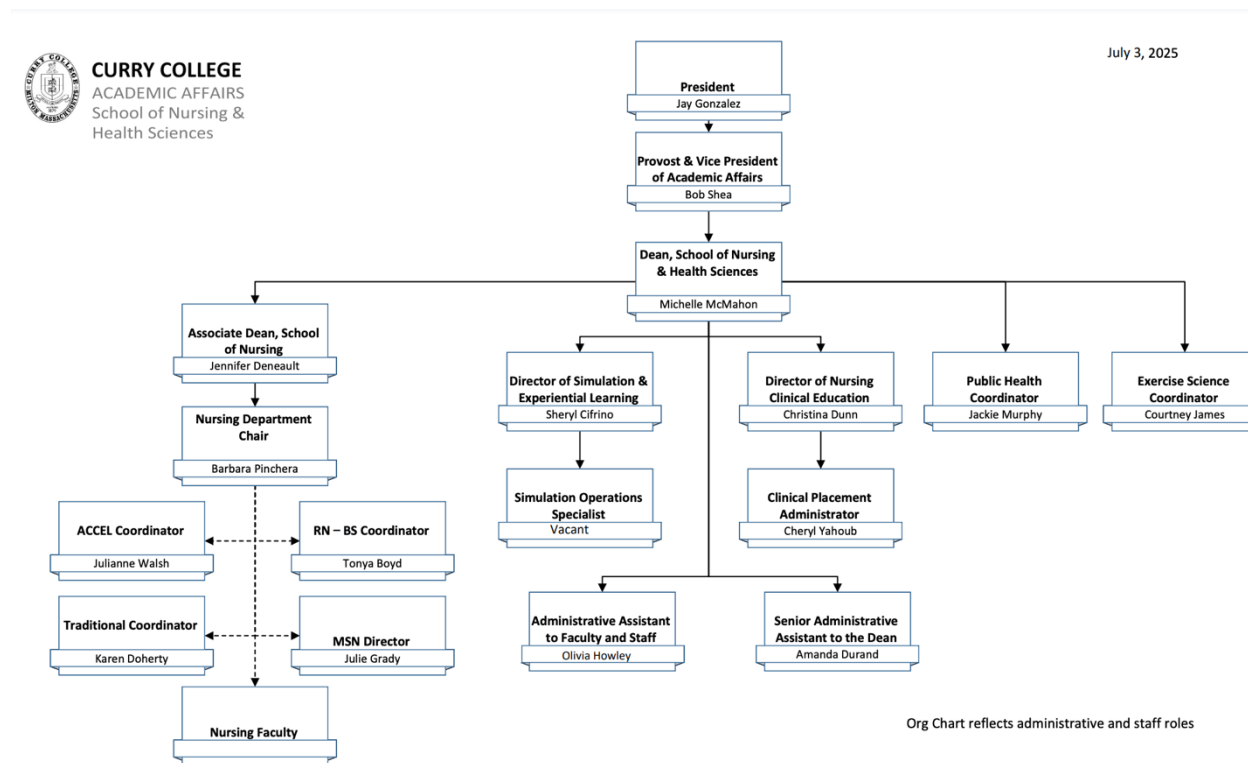
(Outcomes - Approved Spring 2024)

1.5 Standards which Guide the Baccalaureate Program

Program standards are in alignment with those established by the Committee on Accreditation of the Exercise Sciences (CoAES), as overseen by the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Accreditation website: www.caahep.org

1.6 School of Nursing and Health Science within the College Organizational Chart



1.7 Exercise Science Curriculum Plans

Exercise Science Major curriculum requirements [can be found here](#) on Curry College’s Exercise Science Webpage.

A detailed curriculum map can be provided upon request by emailing the Program Coordinator, Courtney James at: courtney.james@curry.edu

Exercise Science Minor curriculum requirements can be found on Curry College’s [Exercise Science Webpage](#).

1.7.1 Prerequisites with Grade Policy, Exercise Science Major

The prerequisite major or science courses include:

EXSC 1000	Foundations of EXSC Health Professionals (2 Cr)
EXSC 1200	Nutrition for Health and Fitness (3 Cr)
BIOL 1075	Anatomy & Physiology I (3 Cr)
BIOL 1175	Anatomy & Physiology I Lab (1 Cr)
BIOL 1085	Anatomy & Physiology II (3 Cr)
BIOL 1185	Anatomy & Physiology II Lab (1 Cr)
CHEM 1001 OR	Chemical Concepts OR
CHEM 1010	Introduction to Chemistry I (3 Cr)
CHEM 1002 OR	Chemical Concepts Lab OR
CHEM 1110	Lab Introductory Chemistry I (1 Cr)

The following grading criteria is required to maintain progression in the Exercise Science Major*:

1. First year students must complete the prerequisite courses, or their approved equivalency, with a grade of C- or higher, on the first attempt, according to the exercise science curriculum map. A grade below C-, on the first attempt, requires the course to be retaken.
 - Note that CHEM 1001/1002 OR CHEM 1010/1110 may be taken in the Spring semester of the first year OR Fall semester of second year.
2. Please note that failure to meet the grade requirement for progression in EXSC 1000 level courses will prevent enrollment in the 2000-level exercise science coursework. Until a minimum of a C- or higher is achieved on a course repeat, the student cannot progress with Exercise Science (EXSC) designated courses.
3. Students are eligible to repeat up to 8 credits of the exercise science major or science prerequisite coursework. This coursework may be taken during summer session(s) or concurrently during sophomore coursework with successful completion required prior to the start of the Junior Year.
 - If a student fails to meet the grade progression requirement for BIOL 1075/1175 and BIOL 1085/1185, the student will need to retake the course(s) over the summer term before the start of sophomore year to prevent delay in progression.
 - If BIOL 1075/1175 and BIOL 1085/1185 are taken concurrently during the sophomore year, please note that this will result in delay in progression and prevent on-time graduation.
 - Please note that students may retake a course once to earn a grade of C- or higher. Multiple retakes of the same course are not allowed. If a student does not meet the C- requirement upon a retake, this will result in dismissal from the Major.

4. On the second attempt of exercise science major or science prerequisite coursework, students must achieve a grade of C- or better. For Exercise Science Majors, failure to meet this grade requirement on the second attempt, will result in dismissal from the Exercise Science Major.

*At any point if a student does not meet the minimum grade requirements, they will be emailed a “progression letter” by the Program Coordinator outlining the course(s) that need to be retaken. It is the responsibility of the student to enroll in courses which they need to retake before the deadlines as outlined above. Failure to do so will result in delayed progression through the Exercise Science curriculum and/or dismissal from the Exercise Science Major.

1.7.2 Traditional Curriculum Map for Students Entering 2026*

	Fall Semester			Spring Semester			CHOOSE Fall or Spring First Year		
First Year	WRIT 1400	Reading, Writing, Research I (note: if WRIT 1200 = 4 Cr)	3	WRIT 1500	Reading, Writing, Research II	3	GE 1000	First Year Inquiry Seminar	3
	GE 1001	Curry Launch (Designation: Wellness)	1	EXSC 1200	Nutrition for Health and Fitness	3	CHEM 1001/1002 OR CHEM 1010/1110**	CHEM 1001/1002 which is Science Breadth and QLE OR CHEM 1010/1110 which is NOT a Sci Breadth or QLE*	4
	EXSC 1000	Foundations of Exercise Science Health Professionals	2	BIOL 1085	Antaomy and Physiology II	3	MATH 1190 or MATH 2130	College Algebra or Calculus I (pre-reqs for Physics). Designation: Quant Reasoning	3
	BIOL 1075	Anatomy and Physiology I	3	BIOL 1185	Anatomy and Physiology II Lab	1	PSY 1030	Intro to Psych (GE Soc Sci Breadth) OR could choose from soph year courses in far right column	3
	BIOL 1175	Anatomy and Physiology I Lab	1		Choose Fall or Spring Semester course*	3			
		Choose Fall or Spring Semester Course*	3		Choose Fall or Spring Semester course*	3 or 4			
		Choose Fall or Spring Semester course*	3						
	*Math 1000 Must Take if needed, based on placement score								
Total credits			16			16 or 17		Cr Year Cumu. 32 or 33*	
**Option for CHEM 1001/1002 OR CHEM 1010/1110 to be taken in the Fall Semester of Second Year									
<i>*In order to maximize financial aid options, students should earn 30 credits at the end of the first year.</i>									
	Fall Semester			Spring Semester			CHOOSE Fall or Spring Second Year		
Second Year	EXSC 2001	Applied Anatomy and Kinesiology	3	EXSC 2120	Exercise Testing and Programming for Human Performance Lecture	3	GE	Breadth: Art	
	EXSC 2020	Exercise Physiology Lecture	3	EXSC 2121	Exercise Testing and Programming for Human Performance Lab	1	GE	Breadth: HUM	
	EXSC 2021	Exercise Physiology Lab	1	EXSC 2200	Performance Nutrition in Exercise and Sport	3	GE	Communication	
	PHYS 2010**	Physics I (QLE)	4		Choose Fall or Spring Semester course*	3	GE	Global-outside major	
	PHYS 2010L**	Physics I Lab	0		Choose Fall or Spring Semester course*	3		**If haven't yet satisfied, take ILE or RWE (can double count w other courses)	
		Choose Fall or Spring Semester course*	3		Choose Fall or Spring Semester course*	3			
	Choose Fall or Spring Semester course*	3							
Total credits			17			16		Cr Year Cumu. 66	
**Option for PHYS 2010 & 2010L to be taken in the Fall of the Third or Fourth Year									
<i>*In order to maximize financial aid options, students should earn 60 credits at the end of the second year.</i>									

		Fall Semester			Spring Semester			CHOOSE Fall or Spring Third Year		
Third Year	EXSC 3020	Principles of Strength and Conditioning Lecture	3	EXSC 3450	Clinical Internship I (Designation: Active Learning)	3	GE	Diversity-outside major		
	EXSC 3021	Principles of Strength and Conditioning Lab	1	SRM 2020	Sport & Recreation Marketing and Revenue Streams	3	GE	3rd Global or Diversity (can be in major)		
	EXSC 3120	Prevention and Care of Sports Injuries Lecture	3		Choose Fall or Spring Semester course*	3	Gen 3001	Curry Core Capstone (3 cr) Jr or Sr yr		
	EXSC 3121	Prevention and Care of Sports Injuries Lab	1		Choose Fall or Spring Semester course*	3	GE	Breadth: 5th course (any of 4 areas)		
	MATH 1150	Statistics I (another Quant Reasoning)	3		Choose Fall or Spring Semester course*	3				
		Choose Fall or Spring Semester course*	3							
Total credits			14			15			Cr Year Cumu. 95	
*In order to maximize financial aid options, students should earn 90 credits at the end of the third year.										
		Fall Semester			Spring Semester			CHOOSE Fall or Spring Fourth Year		
Fourth Year	EXSC 4600	Research Methods in Exercise Science	3	EXSC 4650	Clinical Exercise Physiology + Prescription	3		*If haven't yet satisfied, take ILE		
	SRM 2070	Sport Motivation and Performance	3	EXSC 4560	Clinical Internship II	3		*If haven't yet satisfied, take RWE		
	Elective	Choose a General Elective*	3	Elective	Choose a General Elective*	3				
	Elective	Choose a General Elective*	3	Elective	Choose a General Elective*	3				
	Elective	Choose a General Elective*	3							
Total credits			15			12			Cr Year Cumu. 122	

All students take 1 RWE, 1 QLE, and 1 ILE course (can double count with other reqs)

effect credit totals

Total credits must meet 120 minimum

Please designate ideal Study Abroad semester(s) if possible

Key

- First Year Experience
- Foundational Skills and Enhancements
- Breadth
- Global Diversity
- Curry Core Capstone-Gen 3001 (3)
- Active Learning and Wellness
- Prereq for course later in major
- Prereq for major
- Related Requirement for major
- Major Core Requirement

Registration date dependent upon earned credits from previous semester

1.7.3 Traditional Curriculum Map for Students Entering 2025*

		Fall Semester			Spring Semester			Fall or Spring Semester		
FIRST YEAR	WRIT 1400	Reading, Writing, Research I	3	WRIT 1500	Reading, Writing, Reseach II	3	GE 1000	First Year Inquiry	3	
	GEN 1001	Curry Launch (GE Wellness)	1	BIOL 1085	Anatomy and Physiology II	3	CHEM 1001 & 1002 or CHEM 1010 & 1110*	Chemical Concepts (GE SCI QLE) & CHEM Concepts Lab OR CHEM 1010 & 1110*	3+1 OR 4	
	EXSC 1000	Foundations of Exercise Science Professionals	2	BIOL 1185	Anatomy and Physiology Lab II	1	MATH 1190 or MATH 2130	College Algebra or Calculus I (pre-req for physics) (FY Quant)	3	
	BIOL 1075	Anatomy and Physiology I	3	EXSC 1200	Nutrition for Health and Fitness	3	FY COM	FY Communication course	3	
	BIOL 1175	Anatomy and Physiology Lab I	1		Choose Fall or Spring Semester course*					
		Choose Fall or Spring Semester Course*			Choose Fall or Spring Semester course*	6 or 7				
		Choose Fall or Spring Semester course*	6 or 7							
	Total Credits			16 or 17			16 or 17		Running Credit Total	33

*Option for CHEM 1001/1002 OR CHEM 1010/1110 to be taken in the Fall Semester of Second Year

SECOND YEAR	EXSC 2001	Applied Anatomy and Kinesiology	3	EXSC 2120	Exercise Testing and Programming for Human Performance Lecture	3		FIRST AID & CPR -	0
	EXSC 2020	Exercise Physiology Lecture	3	EXSC 2121	Exercise Testing and Programming for Human Performance Lab	1	GE	Arts Breadth	3
	EXSC 2021	Exercise Physiology Lab	1	EXSC 2200	Performance Nutrition in Exercise and Sport	3	GE	Humanities Breadth (choose one that is RWE if not already taken)	3
	PHYS 2010**	Physics**	4	PSY 1030	Intro to Psych (GE SSC)	3	GE	Diversity	3
	PHYS 2010L**	Physics Lab**	0		Choose Fall or Spring Semester course*	3	GE	General Education Global Course	3
		Choose Fall or Spring Semester course*	3		Choose Fall or Spring Semester course*	3			
		Choose Fall or Spring Semester course*	3						
Total Credits			17			16		Running Credit Total	66

**Option for PHYS 2010 & 2010L to be taken in the Fall of the Third or Fourth Year

THIRD YEAR	EXSC 3020	Principles of Strength and Conditioning Lecture	3	SRM 2020	Sport & Recreation Marketing and Revenue Streams	3			
	EXSC 3021	Principles of Strength and Conditioning Lab	1	EXSC 3450	Internship I	3			
	EXSC 3120	Prevention and Care of Sports Injuries Lecture	3	General Elective	Choose a General Elective*	3			
	EXSC 3121	Prevention and Care of Sports Injuries Lab	1	General Elective	Choose a General Elective*	3			
	GE	General Education Global or Diversity Course	3	GE	Choose any General Education Breadth course that is ILE (if not ILE not already taken)	3			
	MATH 1150	Statistics I	3						
Total Credits			14			15		Running Credit Total	95

FOURTH YEAR	EXSC 4600	Research Methods in Exercise Sciences	3	EXSC 4650	Clinical Exercise Physiology + Prescription	3			
	SRM 2070	Sport Motivation and Performance	3	EXSC 4560	Internship II	3			
	General Elective	Choose a General Elective*	3	General Elective	Choose a General Elective*	3			
	GEN 3001	General Education Capstone	3	General Elective	Choose a General Elective*	3			
				General Elective	Choose a General Elective*	1			
				12			13		Running Total Credits

Pre-requisite for Major	FY CORE	*All students take one ILE, one RWE, one QLE course in major, minor, or GenEd courses
Major Core Requirement	Breadth	
Major Related Requirement	Global	Students must take one global and one diversity course outside of the major; the 3rd course can be in the
	Diversity	
	GE Active Learning	Students can take courses in summer or intercession to catch up or get ahead at an additional cost
	GE Wellness	
	GE Capstone	

*Exercise Science reserves the right to make adjustments to the curriculum map as needed.

1.7.4 Traditional Curriculum Map for Students Entering 2024*

Major	Exercise Science											
Degree	BS											
Catalog Year	2024-2025											
Last Updated	7/23/24											
FIRST YEAR	Fall Semester				Spring Semester				Fall or Spring Semester			
	WRIT 1400	Reading, Writing, Research I	3	WRIT 1500	Reading, Writing, Research II	3	GE 1000	First Year Inquiry	3			
	GEN 1001	Curry Launch (GE Wellness)	1	Biol 1085	Anatomy and Physiology II	3	CHEM 1001 & 1002 or CHM 1010B, 1110	Chemical Concepts (GE SCI QLE) & CHM Concepts Lab OR CHM 1010 & 1110	3+1 OR 4			
	EXSC 1000	Foundations of Exercise Science Professionals	2	Biol 1185	Anatomy and Physiology Lab II	1	MATH 1190 (or MATH 2130)	College Algebra or Calculus I (pre-req for physical) (FY Quant)	3			
	Biol 1075	Anatomy and Physiology I	3	EXSC 1200	Nutrition for Health and Fitness	3	FYCOM	FY Communication course	3			
	Biol 1175	Anatomy and Physiology Lab I	1		Choose Fall or Spring Semester course*							
		Choose Fall or Spring Semester Course*			Choose Fall or Spring Semester course*	6 or 7						
		Choose Fall or Spring Semester course*	6 or 7									
	Total Credits	14 or 17			16 or 17			Running Credit Total				33

SECOND YEAR	EXSC 2001	Applied Anatomy and Kinesiology	3	EXSC 2120	Exercise Testing and Programming for Human Performance Lecture	3		FIRST AID & CPR -	0		
	EXSC 2020	Exercise Physiology Lecture	3	EXSC 2121	Exercise Testing and Programming for Human Performance Lab	1	GE	Arts Breadth	3		
	EXSC 2021	Exercise Physiology Lab	1	EXSC 2260	Performance Nutrition in Exercise and Sport	3	GE	Humanities Breadth (choose one that is RWLE if not already taken)	3		
	PHYS 2010	Physics	4	PSY 1030	Intro to Psych (GE SSC)	3	GE	Diversity	3		
	PHYS 2010L	Physics Lab	0		Choose Fall or Spring Semester course*	3	GE	General Education Global Course	3		
		Choose Fall or Spring Semester course*	3		Choose Fall or Spring Semester course*	3					
		Choose Fall or Spring Semester course*	3								
	Total Credits	17			16			Running Credit Total			

THIRD YEAR	EXSC 3020	Principles of Strength and Conditioning Lecture	3	SRM 2020	Sport & Recreation Marketing and Revenue Streams	3					
	EXSC 3021	Principles of Strength and Conditioning Lab	1	EXSC 3450	Internship I	3					
	EXSC 3120	Prevention and Care of Sports Injuries Lecture	3	General Elective	Choose a General Elective*	3					
	EXSC 3121	Prevention and Care of Sports Injuries Lab	1	General Elective	Choose a General Elective*	3					
	GE	General Education Global or Diversity Course	3	GE	Choose any General Education Breadth course that is ILE (if not ILE not already taken)	3					
	MATH 1150	Statistics I	3								
	Total Credits	14			15			Running Credit Total			

FOURTH YEAR	EXSC 4600	Research Methods in Exercise Sciences	3	EXSC 4650	Clinical Exercise Physiology + Prescription	3					
	SRM 2070	Sport Motivation and Performance	3	EXSC 4560	Internship II	3					
	General Elective	Choose a General Elective*	3	General Elective	Choose a General Elective*	3					
	GEN 3001	General Education Capstone	3	General Elective	Choose a General Elective*	3					
				General Elective	Choose a General Elective*	1					
		12			13	Running Total Credits				120	

Pre-requisite for Major	FYCORE	*All students take one ILE, one RWE, one QLE course in major, minor, or GenEd courses
Major Core Requirement	Breadth	
Major Related Requirement	Global	Students must take one global and one diversity course outside of the major; the 3rd course can be in the
	Diversity	
	GE Active Learning	Students can take courses in summer or intercession to catch up or get ahead at an additional cost
	GE Wellness	
	GE Capstone	

*Exercise Science reserves the right to make adjustments to the curriculum map as needed.

1.8 Exercise Science Minor Program Learning Outcomes

1. Assess, Design, and Implement individual and group exercise and fitness programs for participants who are apparently healthy and those with controlled disease.
2. Evaluate health behaviors and risk factors, identifying necessary modifications or emergent scenarios.
3. Analyze the role that multiple body systems, lifestyle, and genetics play in development of a holistic approach to health and fitness.
4. Design appropriate exercise prescriptions with consideration of the participant's goals, medical history and current fitness levels for both healthy populations and those with controlled disease.
5. Demonstrate skill in motivational techniques to encourage positive lifestyle behaviors for health promotion.
6. Recognize various roles, industries, and global impact that Exercise Science professionals can influence in regard to health promotion.

1.8.1 Exercise Science Minor Curriculum

Required Courses for the EXSC Minor

(16 required credits plus one elective at + 3-4 credits):

EXSC 1000: Foundations of Exercise Science Professionals (2 cr.)

BIOL 1075/1175: Anatomy and Physiology I, Lecture + Lab (4 cr.)

BIOL 1085/1185: Anatomy and Physiology II, Lecture + Lab (4 cr.)

EXSC 1200: Nutrition for Health and Fitness (3 cr.)

EXSC 2001: Applied Anatomy & Kinesiology (3 cr.)

Electives:

Choose a minimum of one elective (3 or 4 credits):

SRM 2070: Sport Motivation and Performance (3 cr.)

OR

EXSC 2020/2021: Exercise Physiology Lecture + Lab* (4 cr.)

**Requires taking CHEM 1001/1002 or CHEM 1010/1110 as a pre-/co-req*

1.8.2 Exercise Science Minor Grade Policy*

Students must earn a minimum grade of C- in all required courses (including electives) for the Exercise Science Minor. If a student receives a grade below C- in a required EXSC course, they must retake that

course. On the second attempt, a grade of C- or higher is required. Students are allowed to retake up to 8 credits**, keeping in mind that they must successfully complete 1000-level coursework in order to move on to higher level courses. Failure to complete 1000-level coursework at the C- grade minimum will result in delay of progression through the Minor. In the event a student seeking the Exercise Science Minor does not meet the grading requirement, the Exercise Science Minor will not be awarded upon graduation.

*At any point if a student does not meet the minimum grade requirement(s), they will be emailed a “progression letter” by the Program Coordinator outlining the course(s) that need to be retaken. It is the responsibility of the student to enroll in courses which they need to retake. Failure to do so will result in delayed progression through the Exercise Science Minor curriculum and/or the Exercise Science Minor will not be awarded upon graduation. Please note that progression letters will be sent to students who have declared themselves within the Exercise Science Minor. If students are eligible to take Exercise Science courses and declare the Minor at a later date, they will be subjected to this same grading criteria with risk of needing to go back and retake Minor courses for which they did not meet the grade progression requirements.

**Please note that students may retake a course once to earn a grade of C- or higher. Multiple retakes of the same course are not allowed. If a student does not meet the C- requirement upon a retake, this will result in the Exercise Science Minor not being awarded upon graduation.

1.9 Notification of Changes

Curry College Exercise Science is responsive to the internal and external factors which influence the contemporary nature of our curriculum, and its rigor and integrity. Therefore, we reserve the right to alter policies, and the curriculum (including course and internship sequencing, timing and format) as needed at any time. Students will be notified of all substantive changes via email from faculty or administration as appropriate. Time sensitive and mandatory notifications will be sent using curry student email addresses. Therefore, students are expected and required to regularly check their curry college student inboxes (recommended frequency is every 24 hours during the semester).

2. ADMISSION POLICIES AND REQUIREMENTS

2.1 Admission Policies and Requirements of the College

Admission policies and requirements for the College are listed in the [Curry College Course Catalog](#). Upon acceptance to Curry College, students are eligible to declare the Exercise Science Major. Once matriculated into the curriculum, all Curry College Exercise Science Majors are subject to the policies and procedures of this handbook.

2.2 Admission to ACCEL Program from the Exercise Science Major

Curry College has a pathway for Exercise Science majors to facilitate a seamless transition into the Curry ACCEL Nursing program upon graduation. Starting in the Sophomore year, Exercise Science students, who are in good academic standing and in progression for the Major, are eligible to request entry for this dual-degree pre-nursing track option. With this option, Exercise Science students may take up to a maximum of 4 Curry College non-clinical Nursing courses before fully matriculating into the ACCEL program including: NSG 2505 Pharmacology for the ACCEL student, NSG 2205 Pathophysiology for the ACCEL student, NSG 3045 Evidence for Nursing Practice for the ACCEL student, and NSG 3475 Health Policy & Finance for the ACCEL student. These courses are offered on a rotating basis, and EXSC majors may register for these courses on a space available basis.

In the Senior year these pathway students formally apply to the ACCEL program and providing they meet all of the ACCEL admission criteria (minimum grade requirement (B-) in all science pre-requisites (Anatomy and Physiology I and II with lab, Chemistry with lab, Microbiology with lab) and minimum grade requirements (C-) for non-science prerequisites (Human Growth and Development and Statistics) and have a minimum 2.7 GPA, they will be admitted to the ACCEL program upon completion of their Curry baccalaureate program.

2.3 Advanced Placement Policy

The *Curry College Course Catalog* lists policies for granting advanced placement credit. Exercise Science accepts advanced placement courses, per college policy, to fulfill arts and humanities general education courses. When admitting traditional students, Exercise Science does not accept advanced placement courses to fulfill science prerequisites for the major.

2.3.1 Advanced Placement or Transfer of Military Education, Training or Service for a Military Health Care Occupation

In accordance with Curry College policy, credit for courses taken with United States Armed Forces Institute (USAFI) will be accepted for non-exercise science designated coursework on the basis of the guidelines developed by the American Council on Education document, "Guide to the Evaluation of the Educational Experiences in the Armed Services." Exercise Science majors may not receive credit for any non-traditional study, including life experience, professional development and coursework completed through the Armed Services to fulfill Exercise Science designated coursework.

2.4 Course Transfer Policy

Curry College Exercise Science students must take all Exercise Science (EXSC) designated courses at Curry College (including "EXSC" designated prerequisite coursework). The Exercise Science program may accept transfer credits for pre-requisite/related courses outside of the EXSC designation on a case-by-case basis. Students should seek pre-approval from the Program Coordinator prior to registering for a required related curriculum course taken outside of Curry College.

For students transferring into the Curry College Exercise Science Program from an external organization, all core requisite transfer coursework, will be reviewed by the Program Coordinator and approved on a case-by-case basis.

Please note, during the transfer credit review process, the Program Coordinator may request syllabi from previously completed courses.

2.5 Readmission to the Exercise Science Program Following an Exercise Science Program Dismissal

All readmissions to the Exercise Science program, such as after academic or conduct dismissal, are on a case-by-case basis.

1. After a student has been removed from the Exercise Science Program due to not meeting an Exercise Science course progression policy (including pre-requisite progression policy) they may apply for readmission as an Exercise Science student after a one (1) year period from the date of notice.
2. The Exercise Science Program Coordinator will review the request and decide if it is eligible to bring in front of the Health Science Department Faculty to vote on a decision.
3. Readmission decisions are based on several factors including the student's prior academic history, outstanding coursework needed to complete the degree, program curricular changes that occurred during the pause in coursework, and good financial standing with the College. Based on previous performance and time out of the program, the Program Coordinator will provide readmitted students with a personalized curriculum re-entry plan.
4. Students not currently enrolled in the College, must reapply to the College before their requests may be heard.

2.5.1 Readmission Following a Leave of Absences (LOA)

Exercise Science follows the College Leave of Absence policy (See [Course Catalog](#) for procedure). Students returning from a LOA are reintegrated into the program as space is available after all in-sequence, directly admitted students and course non-progression students have been placed (see section 3.3). The Leave of Absence Reactivation form must be completed at least 40 days prior to the start of the semester. The Program Coordinator will verify if space is available at the desired return time. Please contact the School of Nursing and Health Science at 617-333-2280 for questions about returning after a LOA.

3. ACADEMIC POLICIES

3.1 Academic Accommodation College Policy

It is the policy of Curry College not to discriminate on the basis of disability. As part of that policy, the College is committed to (a) ensuring the provision of academic accommodations and services necessary to enable students with disabilities to achieve their maximum potential as member of the College community; and (b) facilitating the integration of students with disabilities within the College community. The Office of Accessibility Services works with each student on an individual basis to determine and implement appropriate and reasonable academic accommodations and services. The Americans with Disabilities Act of 1990 (ADA) and amendments, Section 504 of the Rehabilitation Act of

1973, and related state laws require institutions of higher education to provide reasonable accommodations to qualified individuals with disabilities. Reasonable accommodations do not include fundamental alterations to course requirements. Furthermore, accommodations cannot be made that would effectively place an undue administrative or financial burden on the College. If a requested accommodation presents an undue burden or makes a fundamental alteration, the College will attempt to propose alternative solutions and/or accommodations which do not create such hardship or make such alteration. The College will work in good faith with the person requesting the accommodation to determine the availability of an acceptable alternative.

3.2 Grading Policy

Grades and grade points are calculated as follows*:

SCORE RANGE	GRADE	GPA
93-100	A	4.0
90-92	A-	3.7
87-89	B+	3.3
83-86	B	3.0
80-82	B-	2.7
77-79	C+	2.3
73-76	C	2.0
70-72	C-	1.7
67-69	D+	1.3
63-66	D	1.0
60-62	D-	0.7
59 and below	F	0.0

Passing Standard for all pre req and Core Requirements**

****Only final course grades will be rounded from the 10th decimal place using the 0.5 rule: ≥ 0.5 rounds up; <0.5 (0.49 or less) rounds down***

*****Minimum passing grade of C- is required in all pre-requisite and core requisites.***

3.2.1 Grading Policy for Exercise Science Clinical Internship Courses

Courses with a clinical practice component (e.g. clinical internships) are graded on a pass/fail basis.

Students who do not meet the passing criteria must repeat the internship at an alternate site, assigned by the Clinical Coordinator or Program Coordinator, during the immediately following summer*.

If a student fails the clinical internship a second time, they will be required to present their case to the Health Science Department Faculty, who will determine the appropriate course of action. Possible

outcomes may include but are not limited to: dismissal from the program, a third attempt under enhanced supervision, or placement in an alternate but related experience.

**Please note: Internship II takes place during the spring semester of a student's final year. Failure to pass Internship II may delay graduation.*

3.3 Progression in the Exercise Science Major Curriculum*

1. Curry College Exercise Science students must take all Exercise Science (EXSC) designated courses at Curry College (including "EXSC" designated prerequisite coursework). Please see section 2.4 for the Program's Course Transfer Policy.
2. First year students must complete the prerequisite courses, or their approved equivalency, with a grade of C- or higher, on the first attempt, according to the exercise science curriculum map. A grade below C-, on the first attempt, requires the course to be retaken.
 - Note that CHEM 1001/1002 OR CHEM 1010/1110 may be taken in the Spring semester of the first year OR Fall semester of second year.
3. Please note that failure to meet the grade requirement for progression in EXSC 1000 level courses will prevent enrollment in the 2000-level exercise science coursework. Until a minimum of a C- or higher is achieved on a course repeat, the student cannot progress with Exercise Science (EXSC) designated courses.
4. Students are eligible to repeat up to 8 credits of the Exercise Science Major or science prerequisite coursework. This coursework may be taken during summer session(s) or concurrently during sophomore coursework with successful completion required prior to the start of the Junior Year.
 - If a student fails to meet the grade progression requirement for BIOL 1075/1175 and BIOL 1085/1185, the student will need to retake the course(s) over the summer term before the start of sophomore year to prevent delay in progression.
 - If BIOL 1075/1175 and BIOL 1085/1185 are taken concurrently during the sophomore year, please note that this will result in delay in progression and prevent on-time graduation.
 - Please note that students may retake a course once to earn a grade of C- or higher. Multiple retakes of the same course are not allowed. If a student does not meet the C- requirement upon a retake, this will result in dismissal from the Major.
5. On the second attempt of exercise science major or science prerequisite coursework, students must achieve a grade of C- or better. For Exercise Science Majors, failure to meet this grade requirement on the second attempt, will result in dismissal from the Exercise Science Major.

6. The minimum passing standard in all required Exercise Science (“EXSC”) designated courses is a C-. Students are eligible to retake up to 8 Credits of EXSC course requirements (e.g. EXSC 2000 level and above). On the second attempt, students must achieve a grade of C- or better. For Exercise Science Majors, failure to meet this grade requirement will result in dismissal from the Exercise Science Major.
 - If a student fails to meet the grade progression requirement in an EXSC 2000-level or above course, this can delay the student’s progression if that course is a prerequisite requirement for a higher level EXSC course.
 - Should a student not meet the minimum grade requirements for an EXSC designated course in the spring semester of their final year, this could delay their graduation.
 - Please note that students may retake a course once to earn a grade of C- or higher. Multiple retakes of the same course are not allowed. If a student does not meet the C- requirement upon a retake, this will result in dismissal from the Major.
7. Additional academic circumstances that would qualify a student for dismissal from the Exercise Science Program:
 - i. Fails to achieve a C- in an Exercise Science course or pre-requisite and subsequently withdraws from the course that is being repeated;
 - ii. Withdraws from an Exercise Science course or pre-requisite and subsequently fails to achieve a C- in the course that is being repeated;
 - iii. Withdraws from the same Exercise Science or pre-requisite course twice.
8. Students who fail to meet the minimum grade for progression or withdraw from an Exercise Science course will be allowed to repeat the course on a space as available basis. Space available is dependent on multiple factors including the type of course needed. The priority for space is:
 - i. Direct admission
 - ii. Course non-progression (not meeting minimum grade requirement of C-)
 - iii. Leave of absence (LOA)
 - iv. Course withdrawals
 - v. Internal transfers
 - vi. External transfers
9. For all clinical internship Exercise Science courses, students must receive a passing grade. Students who do not meet the passing criteria must repeat the clinical internship at an alternate site, assigned by the Clinical Coordinator or Program Coordinator, during the immediately following summer. Please note, Clinical Internship II takes place during the

spring semester of a student's final year. Failure to pass Clinical Internship II may delay graduation.

- If a student fails the clinical internship a second time, they will be required to present their case to Health Science Department Faculty, who will determine the appropriate course of action. Possible outcomes may include but are not limited to: dismissal from the program, a third attempt under enhanced supervision, or placement in an alternate but related experience.

*At any point if a student does not meet the minimum grade requirements, they will be emailed a "progression letter" by the Program Coordinator outlining the course(s) that need to be retaken. It is the responsibility of the student to enroll in courses which they need to retake before the deadlines as outlined above. Failure to do so will result in delayed progression through the Exercise Science curriculum and/or dismissal from the Exercise Science Major.

3.3.1 Progression and Full-Time Status

The Exercise Science Program is a full-time program. Students in this program must maintain full-time status with the college to be guaranteed a continuing space in the program.

3.3.2 Incomplete Course Status

The College Catalog Policy provides the following:

The incomplete is an administrative designation that means a course instructor has agreed to a specified extension of time--with a due date no longer than the last day of the following semester based in the traditional Fall & Spring academic calendar--within which a student may complete a course.

A student may request that the course instructor grant an Incomplete because of a serious extenuating circumstance only, such as a medical emergency or family crisis. A student must be passing the course at the time of request in order to qualify for an Incomplete. The choice to grant an Incomplete is the prerogative of the instructor.

In order to initiate a request for an Incomplete, a student must submit a completed incomplete contract to the instructor no later than the day of the scheduled final exam. Contracts are available in the Office of the Registrar.

When the instructor grants an Incomplete, he or she will specify in the Incomplete contract precisely what must be achieved to complete the course; will specify a deadline for resolving the Incomplete, which may be shorter than the last class day of the following semester based on the traditional Fall & Spring academic calendar; will provide a copy to the student; and will submit a copy to the Office of the Registrar.

The Incomplete must be resolved by the last class day of the following semester, based on the traditional Fall & Spring academic calendar, or by the earlier date specified by the professor. The

Incomplete is resolved to a letter grade when the course instructor submits an Incomplete Resolution form to the Registrar, at which time the grade will be included in the student's overall grade point average. An unresolved Incomplete will be recorded as an F. Please note: If an Incomplete is unresolved at the time of a student's degree conferment, this unresolved Incomplete will be recorded as an F.

3.3.3 Course Withdrawal

Policies for course withdrawal are found in the [Course Catalog](#). Students who withdraw from or fail to meet the minimum grade requirement for a course may retake that course only one time on a space as available basis (see section 3.3).

3.4 Course Examination/Special Considerations

Students with disabilities who believe that they need accommodations are encouraged to contact the Director of Accessibility Services (617-333-2385) as soon as possible to ensure that such accommodations are implemented in a timely fashion. Students enrolled in PAL should work with their PAL instructors (and, in some cases, the coordinator of PAL) to determine appropriate accommodations. Students are responsible for providing each instructor every semester documentation from Accessibility Services or PAL regarding any accommodations.

3.4.1 Missed Exams

Students can take course exams and quizzes once. Students unable to take exams as scheduled, due to extraordinary circumstances, should consult with the course instructor prior to the exam. If a student misses an examination or quiz, the student may be required to provide documentation from a health care provider. Make-up exams, if given, are at the discretion of the individual professor and may be in an alternate format.

3.4.2 Academic Integrity During Exams

1. During an exam or quiz, all non-essential items will be removed from desktops.
2. All bags, books, cell phones, electronic devices and personal belongings will be left at the front of the room. Cell phones and electronic devices must be turned off.
3. Students should use the bathroom prior to beginning an exam.
4. Any student found to be in violation of the Academic Integrity Policy for cheating will receive a zero on the exam (please see the Academic Integrity Violation Policy in the Curry College Course Catalog) and will be subject to review by the Health Science Department Faculty and possible removal from the course and/or major.
5. Any violation of the Academic Integrity policy will be placed on file in the Academic Affairs office through the issuance of an Academic Integrity violation alert.

3.5 Student-Created Classroom Recording*

(Excerpt directly from the [Curry College Course Catalog](#))

Students who wish to use audio or video technology to record classroom activities must request permission, in writing, from the professor by completing the Classroom Recording Agreement. The professor has the discretion to allow or disallow such recording. Both the Classroom Recording Agreement form and a summary of the laws cited above may be obtained at the Academic Affairs office or on the portal.

Students who are granted permission must agree to the following conditions:

- i. No classroom recordings will occur until the Classroom Recording Agreement form is signed by both the faculty member and the student involved;
- ii. Classroom recordings may not be shared by any means with anyone without the professor's written agreement;
- iii. Classroom recordings may not be uploaded, or made available through any technological medium unless otherwise stipulated in the syllabus;
- iv. Use of the recordings for anything other than the permitted use is strictly prohibited;
- v. All recordings will be destroyed within 7 days of the scheduled final exam at the conclusion of the semester in which the course was taken, unless otherwise stipulated to in writing by the professor.

When permission is granted, the professor will notify the class of the recording; further conditions about recordings may also be stipulated in the course syllabus. The signed electronic Classroom Recording Agreement will be kept in the Academic Affairs Office. Violations may subject the student to disciplinary action. Classroom recordings do not constitute transfer of copyrighted material.

*Subject to provisions of the current *Curry College Course Catalog*.

3.6 Classroom Attendance

The essence of collegiate learning involves dialogue between faculty and students; therefore, student attendance and participation in class are expected. Specific course attendance policies will be articulated within individual course syllabi.

Presence in classrooms is restricted to officially enrolled students or visitors with legitimate purposes. Faculty of record are responsible for ensuring that individuals who attend their classes are officially enrolled or have been invited for guest lecturing or other authorized reasons.

In courses held in a hybrid or synchronous online format the use of webcams is encouraged.

3.7 Photo Release Policy

(a) Generally. At times, Curry College Exercise Science will obtain photographs or video images of students for recording/memorializing educational events, classroom lessons, and may print or utilize such electronic media images for purposes of documenting education and for accreditation. When Exercise Science seeks to use images for publicity and/or marketing, identifiable persons in images may be presented with a photo release seeking expressed written permission to use the person's image for those purposes and without compensation to the person.

(b) Lab Images. Curry College Exercise Science may at times obtain photographs or video images of students in the lab setting which are utilized for education and accreditation purposes. Any student engaged in a lab-based course will be required to complete the Fiction and Confidentiality Agreement (see Appendix). The College may seek to also utilize Lab images in print and/or electronic media for purposes of publicity and/or marketing. The College will not utilize these images without obtaining expressed written authorization from identifiable students to publish their images, which will be without compensation.

3.8 Academic Integrity

Exercise Science follows the Curry College Academic Integrity policies outlined in the [Curry College Course Catalog](#) below.

Because academic integrity is a cornerstone of the College's commitment to lifelong learning, all students – traditional undergraduates, Continuing Education, and Graduate – are required to uphold scholarly and professional standards of practice in research, writing, assessment, and ethics. In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. Written or other work students submit must be the product of their own intellectual and/or creative efforts and must be consistent with appropriate professional standards and ethics. Academic dishonesty, which includes cheating, plagiarism and other forms of dishonest or unethical academic behavior, is strictly prohibited.

A breakdown of behaviors that constitute academic dishonesty is presented below. The definitions are meant to provide additional information and examples of these behaviors; they are not intended to be all-inclusive. Questions regarding this policy or requests for additional clarification can be directed to the Undergraduate Academic Policy Committee or the Graduate Curriculum and Policy Committee, as appropriate.

1. Academic dishonesty includes:
 - a. *Cheating – is using or attempting to use any materials, information, notes, study aids or other forms of assistance— human, digital or otherwise—during in-class or take-home quizzes, examinations or assignments of any kind without the prior consent of the course's instructor.*
 - b. *Plagiarism – is intentionally or carelessly presenting the work, ideas, representations and/or words of another person as one's own, without proper attribution and citations in accordance with academic and discipline-specific standards. This would also include purchasing or using another person's work.*

- c. *Fabrication – is the use of invented, counterfeited, altered or forged information in assignments of any type, without the prior consent of the instructor.*
- d. *Multiple Submission – is the submission of the same or substantially the same work for credit in two or more courses, without the prior written approval by the instructor of the current course. Multiple submissions shall include the use of any prior academic effort previously submitted for academic credit at this or a different institution.*
- e. *Complicity – is assisting or attempting to assist another person in any act of academic dishonesty.*
- f. *Misconduct in Research and Creative Endeavors – is any deviation from the accepted professional and ethical practices within a discipline, or from the policies of the College, in carrying out, reporting, publishing or exhibiting the results of research. It includes the fabrication or falsification of data, plagiarism, and scientific or creative misrepresentation.*
- g. *Misuse of Intellectual Property – is the illegal use of copy-right materials, trademarks, trade secrets or intellectual properties. Students are afforded a great deal of discretion under the legal principle of fair use, to employ copyrighted materials for academic purposes, but should consult with their instructor prior to using such materials for coursework of any kind.*
- h. *AI – (unless stated otherwise by the instructor of record) includes but is not limited to using large language models (LLM’s) or other generative AI-tools to produce any aspect of a project or writing assignment, for example: brainstorming; outlining; drafting; or revising.*

Please refer to the *Course Catalog* for procedures used to address alleged violation of the Academic Integrity policy. Sanctions instructors may impose for violations include revision of work, reduction of a grade including giving a 0 (zero), or failure of a course. The College reserves the right to impose additional sanctions.

3.9 Student’s Rights and Grievances

Curry College is committed to fostering a diverse and inclusive community that is conducive to each community member’s academic and personal pursuits. The College’s policies for reporting harassment, discrimination, and Sexual and Gender-Based Harassment and Discrimination policies are found in the [Curry College Student Handbook](#).

Formal complaints are defined by Exercise Science as any complaint received by any regulatory or accrediting agency of the Exercise Science program. Formal complaints are initially reviewed by the Dean of the School of Nursing and Health Sciences in conjunction with the Program Coordinator of Exercise Science. The Dean and Program Coordinator will then address the complaint or forward the complaint to the appropriate Exercise Science committee or College representative.

Exercise Science follows the College’s policy for grade appeals. A student may appeal a final grade, only, or an alleged academic dishonesty. The process for appeals can be found in the [Curry College Course Catalog](#) “Academic Policies and Procedures” section.

Petitions for exceptions to Exercise Science policies and other academic concerns such as reinstatement to the Exercise Science program, internal or external transfers, and disputes over internship failures may be submitted in writing to the Exercise Science Program Coordinator. The Program Coordinator does not review petitions for reinstatement based on failures to achieve grades in prerequisite science courses. After review, the Program Coordinator will bring the petition for a vote to the Health Science Department Faculty. The decisions of this Faculty body are considered final. The Student Success Coordinator or Academic Advisor may assist the student with preparing the petition.

All other grievances not related to academics should be submitted in writing to the Corresponding Program Coordinator. If the issue continues to require resolution, the grievance will be heard by the Department Chair(s) of Health Science. If the issue remains unresolved, the Dean of the School of Nursing and Health Sciences will make final decision(s).

3.9.1 Process for Academic Concerns

The Health Science Faculty meets periodically during Department meetings throughout the semester where cases will be presented. Any cases that arise over summer will be heard in the fall.

The appeals process:

1. Student submits documentation to the Appropriate Program Coordinator who then sends to the Chair(s)/Coordinator(s)/Faculty of the Health Science Department to be heard at the next Department meeting (i.e. must have ample time to make it onto Department meeting's agenda, otherwise will be pushed back to the next meeting)
2. Students must address the following in their documentation:
 - Explanation of the circumstances that contributed to dismissal from Exercise Science or other expressed concern. Include all relevant information regarding events/courses/semesters that contributed to the dismissal or concern.
 - Provide a detailed plan for future academic success. This plan should clearly articulate the actions that have already been taken as well as actions to be taken in the future to be successful in the Exercise Science curriculum.
3. Students are invited to appear at the subsequent Health Science Department meeting for the time when their case is being heard. Students can have a Curry College support person attend the meeting with them if they choose; however, this person is not allowed to contribute to the meeting. Examples of a support person may include an academic success coordinator, the student's academic advisor, or their PAL advisor/professor.
4. Student will receive written notification of the Health Science Department's decision within 10 business days of the appeals meeting.
5. Notification of the decision will be sent to the School of Nursing and Health Sciences Dean, Department Chair(s)/Coordinator(s), Program Coordinator, Assistant Provost for Student Success and Retention, Registrar, Academic Success and Advising.

6. The decision of the Health Science Department is considered final.

4. CLINICAL INTERNSHIP POLICIES

4.1 Clinical Internship Safety

Clinical Internship experiences are a required component of the Exercise Science Program. Exercise Science is committed to offering safe and effective educational experiences to all Exercise Science students. Our health and safety practices are informed by legal and regulatory requirements and guidance from the U.S. Centers for Disease Control and Prevention (CDC), the Commonwealth of Massachusetts, clinical agency specifications, and public health best practices.

Students will have access to appropriate personal protective equipment (PPE) during their clinical internship experiences. Students will receive general training related to potential hazards and prevention techniques. However, even with such measures, there are risks inherent to clinical experiences. Potential risks of clinical education include but are not limited to: exposure to infectious diseases, environmental, hazardous, physical injuries, and volatile or offensive client behaviors.

In the event of a public health emergency (for instance, COVID-19), clinical faculty, in consultation with the College and clinical agency administrators, may develop or modify appropriate policies and procedures relating to student safety and prevention of exposure to disease. Requirements may include, but shall not be limited to, social distancing, mandatory wearing of masks, use of gloves and shields in select situations, laboratory precautions, testing for infections, symptom monitoring and reporting, and isolation and quarantine measures. Students will be provided with appropriate notice of any new or modified policies or procedures consistent with the requirements of this Handbook.

In addition, public health concerns may affect the status of a student's clinical internship placements, and the availability of these experiences is subject to change and requirements of the off-campus clinical facilities. Faculty, staff, and students will need to be flexible if adjustments from Exercise Science's usual clinical practices and placement guidelines are needed. Every attempt will be made to try and find experiences to meet clinical objectives; however, alternative site options and/or activities may not always be available. In some cases, changes may delay the completion of the student's degree. A student's failure to or inability to meet the clinical facility/agency's requirements for COVID-19 immunization and/or booster shots may result in a student not being able to be placed in a clinical internship experience. Clinical internship experiences are a necessary requirement to complete the Exercise Science program at Curry College.

4.2 Clinical Compliance

Clinical compliance refers to all requirements that need to be completed prior to entering the clinical setting. Clinical compliance can include but is not limited to background checks, state required immunizations, any mandatory COVID-19 Vaccinations, annual influenza immunization, TB testing, CPR certification, criminal background checks, and agency specific orientation, as well as any other items that are requested by the Clinical Coordinator or Exercise Science Program designee. Clinical compliance requirements vary among our many contracted clinical agencies and are subject to change at any time by the clinical agencies and/or the College. Further, clinical agencies reserve the right to modify clinical compliance requirements at any time. Agencies may require 2-step TB tests, or tests within a specific

time frame of starting clinical. In certain circumstances, clinical agencies may seek fingerprinting and/or drug screening of students.

Students will upload clinical compliance information and background screenings as instructed by the Clinical Coordinator or Exercise Science Program designee. Students are required to share the uploaded information with the Clinical Coordinator or Exercise Science Program designee. A due date for the various compliance items will be established and shared with students via canvas and/or email. Students who do not submit all clinical compliance requirements by the due date, unless a predetermined exception has been made, or fail to comply with any requirements of Section 4.2 *Clinical Compliance*, will result in an administrative removal from the clinical internship course, and must meet with the Exercise Science Program Coordinator for the possibility of reinstatement.

4.3 Minimum Immunization Requirements

The below table shows all vaccines required by the Massachusetts Department of Public Health for all undergraduate and graduate students in a health science program who may be in contact with patients. Meningococcal requirements apply to the group specified in the table below.

Students will be required to submit proof of meeting the minimum state immunization guidelines for health professionals to Curry College Health Services upon admission to the College. Additionally, students must submit proof of immunization to the Clinical Coordinator or Exercise Science Program designee prior to beginning 3000-level courses.

Additionally, any COVID-19 vaccine requirements set by the College and/or mandated by an affiliating clinical agency must be adhered to. Please note effective June 1, 2023, Curry College no longer requires the COVID-19 vaccine or booster. While Curry College no longer requires the COVID-19 vaccination, many off-site clinical internship sites may still require full COVID-19 vaccination. Students must comply with the COVID-19 vaccination requirement(s) required by their clinical internship placement to succeed in assignments or postings to such sites. Failure to comply with COVID-19 requirements of clinical internship facilities may interrupt or prevent completion of off-campus clinical or educational experiences and could affect a student's academic progress. See Section 4.2, Clinical Compliance, above. The Majority of Clinical agencies that Curry College Exercise Science has affiliations with are requiring that an Exercise Science student to be vaccinated against COVID-19 and up to date on COVID-19 boosters. Only in the rare exception might a student receive a waiver from the agency's own COVID-19 vaccination and booster policy. Due to this clinical requirement from clinical agencies Exercise Science cannot reasonably suggest an unvaccinated student will be able to participate in clinical settings. The clinical internship experience is a regulatory requirement of the Exercise Science curriculum. The required participation in clinical internship experiences, at clinical agencies, cannot be replaced through completion of laboratory/simulation hours or by other non-direct activities. Please note that, although Curry College is presently no longer requiring the COVID-19 vaccine or booster, most clinical agencies require Exercise Science students to be up to date with COVID-19 boosters; accordingly, for the reasons set forth in the foregoing sentences, students are on notice of the booster requirements and advised to obtain up to date boosters to be able to participate in clinical educational experiences.

Tdap	1 dose; and history of a DTaP primary series or age appropriate catch-up vaccination. Tdap given at ≥7 years may be counted, but a dose at age 11-12 is recommended if Tdap was given earlier as part of a catch-up schedule. Td should be given if it has been ≥10 years since Tdap.
Hepatitis B	3 doses; laboratory evidence of immunity acceptable; 2 doses of Heplisav-B given on or after 18 years of age are acceptable.
MMR	2 doses; first dose must be given on or after the 1 st birthday and the 2 nd dose must be given ≥28 days after dose 1; laboratory evidence of immunity acceptable. Birth in the U.S. before 1957 is acceptable only for non-health science students.
Varicella	2 doses; first dose must be given on or after the 1 st birthday and 2 nd dose must be given ≥28 days after dose 1; a reliable history of chickenpox* or laboratory evidence of immunity acceptable. Birth in the U.S. before 1980 is acceptable only for non-health science students.
Meningococcal	1 dose; 1 dose MenACWY (formerly MCV4) required for all full-time students 21 years of age or younger. The dose of MenACWY vaccine must have been received on or after the student's 16 th birthday. Doses received at younger ages do not count towards this requirement. Students may decline MenACWY vaccine after they have read and signed the MDPH Meningococcal Information and Waiver Form provided by their institution. Meningococcal B vaccine is not required and does not meet this requirement.

Source: [1. In the case of measles, mumps and rubella, the student presents laboratory evidence of immunity. Those born in the United States before 1957 can be considered immune to measles, mumps and rubella, with the exception of all full- and part-time students in a health science program who may be in contact with patients.
2. In the case of varicella, the student presents laboratory evidence of immunity; or a statement signed by a physician, nurse practitioner, physician assistant, or designee that the student has a reliable history of chickenpox disease; a self-reported history of disease verified by a physician, nurse practitioner or physician assistant; or is born in the United States before 1980, with the exception of all full- and part-time students in a health science program who may be in contact with patients.
3. In the case of hepatitis B, the student presents laboratory evidence of immunity.](https://www.mass.gov/info-details/school-immunizations#school-and-camp-requirements-Proof of Immunity satisfies requirement: Alternative proofs of immunization have been added to clarify that the requirements shall not apply where:</p>
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4.4 Cardiopulmonary Resuscitation Program (CPR) Requirement

Students enrolled in clinical internship coursework must successfully complete one of the following CPR courses by the end of the semester preceding their internship*:

**American Heart Association: Healthcare Professional BLS or
American Red Cross: CPR for Healthcare Providers**

The Exercise Science Program will make every effort to offer an annual CPR certification course for EXSC students during the fall semester. Students who are unable to attend the program-sponsored course are responsible for obtaining equivalent CPR certification through an approved provider by the deadline established by the Clinical Coordinator.

Students are responsible for the cost of attaining and maintaining CPR Certification. Students must submit a CPR card that does not expire during an academic semester in which they are enrolled in a clinical internship.

Please note that Advanced Cardiac Life Support (ACLS) does not substitute when Basic Life Support (BLS) is required.

*Prior to enrolling in a CPR course, students are responsible for checking with the Exercise Science Clinical Coordinator to confirm that their selected CPR certification course suits the clinical site that they are paired with as some sites might have specific requirements.

4.5 Potential Hazardous Exposure in the Course of Clinical Education

Presence on clinical units incorporates a risk of exposure to certain infectious diseases and other potential hazards. The risks of such exposure can be minimized, but not eliminated, by proper technique. Students are advised to carefully follow standard precautions and exercise sound judgment. Students are required to inform the Exercise Science Clinical Coordinator and their clinical preceptor of any possible exposures or other unusual occurrences so that clinical agency protocol can be followed. In the event of hazardous exposure or other unusual occurrence, the clinical preceptor will initiate an intervention based on the specific clinical agency's policy. An unusual occurrence report is to be completed for all injuries/accidents or any situation/occurrence that could pose a safety risk to students or patients.

The clinical preceptor will:

1. Provide immediate assistance to the student(s) in the situation:
 - If involving a student injury, follow the agencies guidelines for emergency evaluation and care.
 - If care is declined, a signed waiver is required.
2. Contact the Clinical Coordinator and Coordinator/Director of Exercise Science Clinical Education.
3. Complete the Unusual Occurrence Form* as soon as able and email it to, the Clinical Coordinator and the Exercise Science Program Coordinator/Director. Either party will call the student to follow up.
 - *The Unusual Occurrence Form is supplied to Clinical Preceptors along with the Clinical Preceptor Handbook prior to the start of a student's clinical internship experience.

4.6 Substance Use

It is imperative that clinical care be based on principles of safety. Consistent with this expectation and related laws, clinical agency requirements and College policies, Exercise Science students must be free of impairment by alcohol or drugs, and may not engage in the unlawful sale, use or abuse of drugs, during all aspects of the Exercise Science program including clinical, classroom, and laboratory settings.

Students may be asked to complete alcohol or drug testing based on reasonable suspicions of impairment by alcohol or the unlawful use or abuse of drugs, whether in violation of law or College policy, and/or as required to be in compliance with clinical agencies' policies. If a student demonstrates unsafe or inappropriate behavior that is suggestive that the student is under such impairment in a classroom, laboratory or clinical setting, the student may be removed immediately.

Suspicions of use, abuse or sale of drugs, with or without evidence of impairment, may result in referral of the student to the Student Conduct Process. *(Please see the Alcohol and Drug policy section of the [Curry College Student Handbook](#)).*

4.7 Drug Screening

Exercise Science students may be subject to drug screening for three different reasons (see sections 4.7.1-3 below).

4.7.1 Reasonable Suspicion Screening

If there is reasonable suspicion of impairment the student may be removed from class, lab or clinical and may be subject to drug screening. If a student is required to attend a Student Conduct Process meeting, the student may be subject to drug screening. Drug screening will be done at the college's expense, off-campus, at a clinical agency contracting with Curry College to perform such screenings. Results will be reported to the Dean of the School of Nursing and Health Science, Clinical Coordinator, and Program Coordinator of Exercise Science. Information obtained is confidential. If the drug screen comes back negative, then the test result will be deemed adequate for the student to be in a clinical internship placement (but may not necessarily affect the student's standing in a related Student Conduct Process). If the drug screen comes back positive, and a valid prescription exists (as verified by the Medical Review Officer), then the test result will be deemed adequate for the student to be in a clinical internship placement (but may not necessarily affect the student's standing in a related Student Conduct Process). If the drug screen comes back positive and no valid prescription exists (as verified by off-site Medical Review Officer) the student will not be allowed to participate in the clinical internship experience and will be referred to the College's Student Conduct Process. *(Please see the Alcohol and Drug policy section of the Curry College student handbook).* If the student refuses to submit to a drug screen, the College will treat the screen as positive and the student will not be allowed to participate in the clinical internship experience(s) and may be referred to the College's Student Conduct Process.

4.7.2 Random Screening

Students may be subject to a random drug screen at any time during the clinical internship semester. Drug screening will be done at the college's expense, off-campus, at a clinical agency contracting with Curry College for that purpose. Results will be reported to the Dean of the School of Nursing and Health Science, Clinical Coordinator, and Program Coordinator of Exercise Science. Information obtained is confidential. If the drug screen comes back negative, then the test result will be deemed adequate for the student to be in a clinical internship placement. If the drug screen comes back positive, and a valid prescription exists (as verified by the Medical Review Officer), then the test result will be deemed adequate for the student to be in a clinical internship placement. If the drug screen comes back positive and no valid prescription exists (as verified by off-site Medical Review Officer) the student will not be allowed to participate in the clinical internship experience and will be referred to the College's Student

Conduct Process. *(Please see the Alcohol and Drug policy section of the [Curry College Student Handbook](#)).* If the student refuses to submit to a drug screen, the College will treat the screen as positive and the student will not be allowed to participate in the clinical internship experience(s) and may be referred to the College's Student Conduct Process.

4.7.3 Pre-Clinical Internship Placement Screening

A drug screen may be required by a clinical agency. Drug screening will be done at the college's expense, off-campus, at a clinical agency contracting with Curry College, for the first processing of the drug screen. If the drug screen result returns as "dilute" or "flagged" and requires a repeat test, the student will be responsible for those associated charges. Screening will be done immediately prior to the student's placement in a clinical internship setting that requires drug testing. Results from the laboratory will be sent directly to the Clinical Coordinator and Program Coordinator of Exercise Science and reported to the Dean of the School of Nursing and Health Science. Information obtained is confidential. If the drug screen comes back negative, then the test result will be deemed adequate for the student to be in a clinical internship placement. If the drug screen comes back positive, and a valid prescription exists (as verified by the Medical Review Officer), then the test result will be deemed adequate for the student to be in a clinical internship placement. If the drug screen comes back positive and no valid prescription exists (as verified by off-site Medical Review Officer) the student will not be allowed to participate in the clinical internship experience and may be referred to the College's Student Conduct Process. *(Please see the Alcohol and Drug policy section of the [Curry College Student Handbook](#)).* If the student refuses to submit to a drug screen, the College will treat the screen as positive and the student will not be allowed to participate in the clinical internship experience and will be referred to the College's Student Conduct Process.

4.8 Criminal Record Inquiry

Clinical agencies might require criminal background record inquiries as a condition for clinical internship practice and may also require fingerprinting. In the event an assigned clinical agency requires fingerprinting as part of the pre-clinical internship clearance process, the student is eligible to be reimbursed for the cost of the single charge according to the agency-required package. Please note, students are directed by the agency exactly which package is required for the assigned agency. In cases where the student orders a fingerprinting package that exceeds the requirements/directions given by the agency they will only be reimbursed up to the set amount, that is the single-package charge, for that agency. Criminal Background Check / Fingerprinting uses an external vendor to perform a national computerized search to determine if an individual has convictions, outstanding warrants, or pending complaints. Information obtained is confidential. The Clinical Coordinator and/or Program Coordinator of Exercise Science forwards positive inquiries to the Dean of the School of Nursing and Health Science and the Program Coordinator of Exercise Science. Positive criminal inquiries are then forwarded to the Curry College Campus Public Safety Chief for review. If deemed necessary, and with the student's written permission, positive criminal inquiries are forwarded to the specific clinical agency Compliance Officer who determines if the student may be placed in that clinical setting.

Students have an obligation to inform the Clinical Coordinator or Exercise Science Program Coordinator if any new convictions, outstanding warrants, and/or pending complaints have occurred after the inquiry is obtained. The criminal background check will be run each semester that the student is in a clinical internship course and as required by clinical agencies.

All student clinical internship placement(s) are at the discretion of the agency; therefore, *agencies do not have to accept students with documented criminal convictions, outstanding warrants, or pending complaints*. Exercise Science cannot be responsible for alternate clinical internship placements for students who are withdrawn from a clinical internship placement or who cannot be placed in an agency because of issues with background checks.

Students with any criminal convictions, past court appearances (for any reason), pending criminal cases (including misdemeanors or felonies), past or pending disciplinary action against a professional or trade license or certificate are advised to seek legal counsel prior to having the background check run as these will appear on the results and may cause problems with clinical internship placements.

4.9 Professional Liability Insurance

A Professional Liability Occurrence Insurance Policy covers all Curry faculty engaged in clinical supervision and students enrolled in clinical internship experiences to the extent of its limits and terms. This policy covers Exercise Science students and faculty only in their capacity as students or faculty within the Exercise Science program. Practice in hospitals or a setting outside of the college program is not covered by this policy.

4.10 Clinical Internship Scheduling and Transportation to and from Clinical Sites

Clinical internship schedules and clinical agency placements depend on the availability of qualified faculty and appropriate clinical sites. Occasionally, a clinical internship placement may have to be rescheduled or even delayed to a later time, date, and/or agency site. If this occurs, every effort will be made to reasonably accommodate affected students. Students are responsible for providing their own transportation to and from clinical internship sites and are responsible for the cost of parking or other costs associated with their transportation.

4.11 Attire in Clinical Facilities

The following regulations must be adhered to whenever a student enters a clinical agency as a Curry College student or representative. These regulations apply to clinical practice, field trips, and time spent at clinical internship sites. The dress code is the personal and professional responsibility of the student. Failure to dress appropriately may be cause for the clinical preceptor to dismiss a student from the clinical area and issue a clinical warning.

4.11.1 Regulations Related to Professional Attire

1. Students are responsible for reaching out to their clinical internship agency prior to the start of clinical to understand the dress code.
2. Students must wear Curry College Exercise Science Polo and Nametag while at Clinical Internship, available for purchase through the bookstore, unless clinical agency specifies a different uniform. Students are responsible for the cost of the Curry EXSC Polo and Nametag or if an agency requires a specific uniform.

3. If the agency has no specifics for dress code, in general, students should wear professional attire which includes pants, Curry EXSC Polo, and comfortable close-toed shoes.
 - Examples of attire that should be avoided include graphic t-shirts, clothing that exposes the midriff or undergarments, excessively tight or revealing outfits, ripped or distressed clothing, and attire with offensive or inappropriate language or images.
4. The ID badge / Nametag must be worn while in the clinical agency.
5. Students must keep any facial hair well-groomed and in compliance with OSHA standards.
6. If students have long hair, a clip or elastic band should be utilized to bring the hair off of the face / neck during client direct care interactions.
7. Use of scents such as perfumes or heavily scented lotions or deodorants is not allowed in direct client care, simulation and/or lab environments. Students who smoke or are exposed to secondhand smoke should not smoke or be exposed to smoke while in uniform as the odors cling to clothes and can have ill effects on others. Students who do smell of smoke or perfume may be sent home from the clinical internship site.
8. Makeup may be used in moderation.
9. Nails must be kept short and clean. Acrylic nails, wraps, tips extenders or other artificial nails are not allowed.
10. A wristwatch, flat, non-raised rings and simple stud earrings may be worn in clinical; however, use of wearable electronic messaging device may violate facility policies. You must adhere to clinical agency specific rules.
11. Students must abide by any additional clinical agency dress code policies.

4.12 Evaluation of Clinical Internship Performance

Clinical internship courses are graded on a pass/fail basis. Students who do not meet the passing criteria must repeat the clinical internship at an alternate site, assigned by the Clinical Coordinator, during the immediately following summer*.

If a student fails the clinical internship a second time, they will be required to present their case to a Health Science Department Faculty, which will determine the appropriate course of action. Possible outcomes may include but are not limited to: dismissal from the program, a third attempt under enhanced supervision, or placement in an alternate but related experience.

**Please note: Clinical Internship II takes place during the spring semester of a student's final year. Failure to pass Clinical Internship II may delay graduation.*

4.12.1 Satisfactory Clinical Internship Performance

Students are expected to demonstrate consistent and progressive mastery of Exercise Science in the clinical area of their internship. Students' performance and behavior must be safe and appropriate at all times. Students are expected to meet the objectives of the clinical internship with equal amounts of guidance and instruction as required by other students at the same level. Any student consistently

requiring more guidance and instruction than expected at that level in the program will be issued a clinical internship warning. Only prepared students may practice in the clinical area of their internship.

For unsatisfactory clinical internship performance and/or behavior, the Clinical Coordinator will issue a clinical internship warning to the student. For any clinical internship performance issue, the clinical preceptor will collaborate with the Clinical Coordinator in writing this clinical internship warning and prior to the warning being issued to the student. The Clinical Coordinator and as appropriate, the clinical preceptor will identify problem areas in writing. Students will receive a written statement of what the student must do to satisfactorily meet the clinical internship objective(s). Copies of the written warning will be placed in the student's record and given to the Clinical Course Coordinator. A written warning of unsatisfactory clinical internship performance and/or behavior may be given at any time during the semester. Continued unsatisfactory clinical internship performance and/or behavior will result in a course failure at any point during the semester.

Any student found to be unsafe in any interaction with clients will be immediately dismissed from the clinical internship area and receive a course failure.

Students who are removed or withdrawn from a clinical agency, for any reason, are not assured of an alternate placement and may have to repeat the course.

4.12.2 Clinical Internship "Pass with Warning" Policy

A student who receives a clinical internship warning or who is deemed by the faculty as passing the clinical internship "with deficiencies" will be placed on a "pass-with-warning" status. The Clinical Course Coordinator will inform the Program Coordinator of any student passed with warning and provide a copy of the clinical internship evaluation with the identified areas for improvement. The Program Coordinator will track students with a "pass-with-warning" status. Because poor clinical internship performance jeopardizes client safety, should the behavior identified by the faculty continue in any subsequent clinical internship experience, the student will fail the course and be removed from the Exercise Science major.

4.13 Clinical Internship Attendance

As an inherent part of each clinical internship course, the student is given planned experiences in a clinical agency. Accordingly, clinical experience is not an optional or an additive experience; it is intrinsic to the course. Therefore, all students are **required** to attend their clinical internship as scheduled. If a student cannot attend a scheduled clinical internship experience, the student is responsible for notifying their clinical preceptor in advance but no later than 2 hours prior to the start of their clinical internship experience, except if an emergency is occurring.

Students must complete 100% of total on-campus onboarding, check-ins, course final, and meet clinical internship course objectives to successfully pass a clinical internship course.

A student who misses on-campus activities and/or other clinical internship requirements, for any reason (including lack of compliance with health clearances, CPR or required clinical orientation, illness) is at risk of not meeting the clinical internship objectives and receiving a failing grade.

Students who miss 20% or greater of clinical internship time will not be guaranteed clinical internship make-up day or substitute activities, are at risk of not meeting the clinical internship objectives and therefore may be subject to failing the course as determined by Exercise Science clinical internship attendance policies. Any student-initiated absences due to clinical noncompliance or personal reasons (except medical or family emergency) will be subject to failing the course and not guaranteed an alternate placement.

4.14 Hand-Held or other Personal Audio/Communication Devices

The use of all mobile or cell phones, tablets, smart watches, or headphones/earbuds for personal use (texting, email, personal calls, or audio listening, etc.) is not allowed in the classroom or clinical internship setting. Unauthorized use of these devices during clinical internship time will result in a clinical internship warning.

4.15 Fit for Duty

Exercise Science students must be fully able to participate in all aspects of the clinical internship experience with no restrictions or accommodations. “observational” and/or “light duty” status can be approved depending on the clinical internship site. If a student experiences a situation that affects their ability to perform safely in the classroom or clinical internship practice setting(s), the student may be asked to provide documentation verifying his or her fitness for participation before continuing in the program.

Any student who has confirmed or suspected COVID-19, must immediately report their status to the Exercise Science Clinical Coordinator as well as Curry College Health Services. Students will receive specific instructions on when they may resume participation. The coordinator(s) will work with students to determine if alternative assignments are appropriate.

4.16 Concussion Management Plan

Any student who sustains a concussion must be evaluated by an appropriate health care provider to determine if classroom accommodations may be needed during recovery and to clear the student to participate in clinicals internship(s). For student athletes, the athletic trainer is considered the appropriate health care provider. Any student who is evaluated by his or her own health care provider must provide documentation to the Curry College Health Center and the Exercise Science Clinical Coordinator.

Once a concussion has been documented, the health center or athletic trainer will initiate a report alerting the students’ faculty and advisor of the concussion phase and recommendations for accommodations. A report will also be sent on an as needed basis to the Athletic Director, Director of Accessibility Services, Office of Academic Success and the appropriate Exercise Science Clinical and Program Coordinator(s). Students are expected to notify their clinical preceptor of their concussion status in a timely manner.

To attend the clinical internship experience, Exercise Science students must be, according to the Nationwide Children’s Hospital Sports Medicine guidelines for academic accommodations, at Phase 5 for

a minimum of 24 hours, prior to returning to the clinical internship setting. The athletic trainer or health center will communicate changes in the student's status through Banner.

4.17 Academic Integrity during Clinical Internship

Any student found in violation of the Academic Integrity Policy for presenting false information in the clinical internship setting (please see the Academic Integrity Violation Policy in the [Curry College Course Catalog](#)) will receive a clinical failure and will be subject to review by the Health Science Department for possible removal from the course and/or major.

4.18 Clinical Internship Course Fees

The College deserves the right to assess Exercise Science students a fee for participation in courses with a clinical internship or laboratory component at any time. This clinical internship fee partially covers the cost of student professional liability insurance, the cost for clinical internship instruction, and costs incurred related to providing clinical internship practice and professional accreditation of the program. Other programs through the Division of Continuing Education and Graduate Studies including Cohort based programs have these fees already included in the tuition.

5. ADDITIONAL INFORMATION

5.1 Student Certifications

The unique curriculum design of the Curry College Exercise Science Program prepares students to sit for a variety of industry-recognized certification exams. Some certifications are available to students during their undergraduate studies, while others require completion of a degree. Students are encouraged to explore certifications offered by "Gold Standard" organizations within the health, fitness, and wellness industry.

5.1.1 Certification, ACSM*

The Exercise Science curriculum is designed in alignment with the standards set by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) and the Committee on Accreditation for the Exercise Sciences (CoAES). These accrediting agencies are in association with the American College of Sports Medicine (ACSM).

Students are encouraged to take the initiative to meet any additional requirements and sit for ACSM certification exams at any point during their undergraduate or post-graduate studies. Examples of ACSM certifications include Clinical Exercise Physiologist, Exercise Physiologist, Personal Trainer, and Group Exercise Instructor.

Students are responsible for meeting all requirements, submitting applications, and covering the costs associated with these certifications. However, we strongly recommend that students consult with the Curry College Exercise Science Program Coordinator before beginning the certification process, as the College may be eligible to offer a discount on exam fees through our program's accreditation.

For more information on certification requirements and process, please visit:

<https://acsm.org/certification/>

**Pursuing and completing a certification through an external organization is not a requirement of the Exercise Science program. It is the individual student's responsibility to decide whether to pursue certification.*

5.1.2 Certification, Other

In addition to certifications offered by the American College of Sports Medicine (ACSM), there are several other reputable certifying organizations in the industry. For example, the National Strength and Conditioning Association (NSCA) offers the Certified Strength and Conditioning Specialist (CSCS) credential.

Students interested in pursuing alternative certifications are responsible for researching available options and are encouraged to consult with their professors and the Program Coordinator for guidance.

5.2 Maintenance of School, Student, and Graduate Records

The College publishes policies for faculty, student, and health record retention and destruction at <https://www.curry.edu/assets/Documents/About-Us/Records-Retention-Destruction-Policy.pdf>. In addition, Exercise Science adheres to these policies for maintenance and retainment of school, faculty, student and graduate records:

1. Official grades and student transcripts for all current students and graduates are maintained by the Registrar's Office in perpetuity.
2. Exercise Science maintains student/graduate files that include clinical internship evaluations for a period no less than three (3) years after graduation.
3. The College's Health Services, in compliance with Department of Public Health Regulations, independently maintains immunization records for traditional students.
4. Exercise Science maintains official documents pertaining to the Exercise Science Program's approval and accreditation status.
5. Catalogs, course descriptions, and information regarding the Program's curriculum are maintained by the Registrar's Office in perpetuity.

5.3 Curry College Student Groups

Students are encouraged to participate in student groups and professional organizations. The student group specific to Exercise Science at Curry is the Exercise Science Club.

Further information and inquiries about the Exercise Science Club can be sent to any of the Executive Student Board of the Exercise Science Club:

President, Mia Schena: mschena2023@students.curry.edu
Vice President, Patrick Leary: pleary2022@students.curry.edu
Treasurer, Jhonnyel Ramirez: jramirez2023@students.curry.edu
Secretary, Oscar Li: oli2022@students.curry.edu

Outside of the college, students are encouraged to participate in external Exercise Science student organizations: the American College of Sports Medicine (ACSM) Student Chapter and the New England Regional ACSM Student Chapter (NEACSM)*.

Students are encouraged to attend the annual New England ACSM conference (fall and spring) as well as the annual National ACSM conference (spring):

[National ACSM Annual Conference](#)

AND/OR

Students can opt for the local Northeast Regional (NEACSM) biannual meeting (fall and spring):

[NEACSM Annual Conference\(s\)](#)

*Student enrollment or attendance in these organizations and conferences is not mandatory.

5.4 Student Governance Participation

Student involvement in the continuous improvement of the Exercise Science program is highly encouraged. Students who wish to share constructive feedback, ideas, or personal experiences are invited to contact the Program Coordinator.

5.5 Professional Behavior

It is expected that students will maintain professional, respectful relationships with their clients and their families, staff members, faculty members, college staff and fellow students. Students are expected to refrain from hostile, intimidating, and/or threatening behavior. Students are expected to adhere to the Curry College Code of Conduct. Students should be aware that in certain circumstances, college disciplinary records regarding their conduct may be shared with school officials with a legitimate educational interest, including but not limited to faculty in Exercise Science.

5.6 Social Media Policy

All Exercise Science students are expected to uphold the highest standards of professionalism at all times, both in person and in digital spaces. As emerging health and fitness professionals, students must recognize that their behavior, particularly on social media platforms, can reflect on their personal brand, academic institution, and future profession.

Inappropriate or unprofessional conduct online, including but not limited to sharing misleading information, posting offensive content, or violating client confidentiality, may lead to academic sanctions, impact professional opportunities, and potentially result in legal consequences.

Students are strongly encouraged to use social media responsibly, demonstrating integrity, respect, and sound judgment in all online interactions. Students are advised to follow the following characteristics when using social media*:

1. Professionalism

- Maintain a professional tone in all public posts, comments, and interactions.
- Avoid posting content that may be interpreted as unprofessional or offensive, including crude language, inappropriate photos, or discriminatory remarks.
- Do not use social media to criticize or complain about instructors, classmates, internship sites, clients, or the university.

2. Confidentiality

- Do not post any content that could violate the privacy or confidentiality of clients, patients, classmates, instructors, or internship facilities.
- Never share images, videos, or personal health information (PHI) of clients or patients, even if their identity is not disclosed.

3. Academic Integrity

- Do not post or share exams, assignments, or course materials without permission.
- Refrain from using social media to cheat, plagiarize, or share unauthorized academic content.

4. Representing the Program and Profession

- When identifying yourself as a student in the Exercise Science program or posting about professional topics, ensure your content reflects the values and expectations of the department and field.
- If you post exercise or health-related advice, make sure it is evidence-based and within the scope of your knowledge and training.

5. Personal Accounts

- Adjust privacy settings on personal accounts but understand that privacy settings do not guarantee confidentiality.
- You are responsible for the content you post, like, share, or comment on, even from personal or anonymous accounts.

6. Disciplinary Action

- Violations of this policy may result in disciplinary action, which could include a warning, removal from clinical or internship placements, academic penalties, or dismissal from the program.

*By participating in the Exercise Science program, students agree to abide by this policy and conduct themselves in a manner that reflects positively on themselves, the program, and the profession.

5.7 Pledge of Confidentiality

To follow HIPAA regulations, students will complete instruction on the pertinent HIPAA regulations and sign a pledge of confidentiality. Students are required to adhere to the federal rules and regulations regarding patient confidentiality (HIPAA) when in or out of the health care environment and when accessing social network systems.

5.8 Email

Curry College Exercise Science follows the College's Community Standards & Accountability with regards to official College communication including communication from Exercise Science to occur exclusively through Curry.edu e-mail. Information e-mailed to Curry student e-mail accounts is considered to be sufficient public notification to all students. Exercise Science faculty and staff expect that email will be read in a timely manner. The student's official Curry College email address is the destination to which the program will send email communications. An unread email is NOT an acceptable excuse for a "missed communication." Information concerning invitations to exercise science functions, scholarship availability, academic standing and other important information will be emailed using the student's Curry College email address.

Civility is expected in all emails. Disrespectful or profane emails will not be tolerated. *The Curry College Code of Conduct* in the [Student Handbook](#) provides additional guidance for civil and academic discourse. Violations may be referred to Student Affairs for further review in the Community Standards process.

5.9 Graduation

The Registrar certifies all Baccalaureate graduates of the College. ***Each student is responsible for ascertaining that they have completed all graduation requirements.***

5.10 Surveys and Program Evaluation

Periodically, surveys are given to students and graduates to elicit information on program effectiveness and attainment of program outcomes. We ask for your assistance in completing these surveys and returning them promptly. This information is needed for reviewing the curriculum and for data that must be supplied to regulatory agencies. There is no release of individual data.

The Exercise Science faculty are always willing to discuss student and graduate perceptions of curriculum, policies, clinical internship agencies or anything else affecting the Exercise Science program. After graduation, it is helpful if graduates keep the college apprised of current addresses, name changes and career progress. We would like to have information on where you are working, what you have accomplished, and in general, what you are doing. Please keep us informed about all the great things you will be doing!



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Exercise Science Reserves the right to alter the policies and curriculum of the Exercise Science Program at any time