

Office of Disability Services

1071 Blue Hill Avenue Milton, MA 02186-239

Documentation Guidelines for an Emotional Support Animal

The student has indicated that you are the licensed mental healthcare provider who has worked with them and support the need to have an Emotional Support Animal (ESA) in the residence hall in order to alleviate one or more of the identified symptoms or effects of the student's psychological disability. In order to evaluate the request for this accommodation, please answer the questions below. Please know that by providing this information, you are verifying this student's psychological disability and that the presence of the animal addresses that disability. If you find you're unable to fit your responses, please feel free to attach a separate page.

An Emotional Support Animal (ESA) is an assistance animal that provides therapeutic emotional support to an individual with a psychiatric disability. An ESA is not considered a pet, and an ESA is not a service animal. Please review the American Counseling Association's Emotional Support Animals and Human Animal Interventions in Counseling Interest Network Position Statement.

Per your certifying or licensing entity and code of professional ethics and boundaries, please reflect on and answer the following questions. Please feel free to attach additional information as needed.

Student Information - Completed by the Provider ONLY					
First Name:		Last Name:			
Date of Birth:	st Contact:				
	Dia	agnostic Informatio	on		
Please cite the student's current severity.	diagnosis, diag	gnostic code (DSM-	5 and/or ICD-10 code) and circle the		
Primary Diagnosis:			Diagnostic Code:		
Date of Diagnosis:					
Severity:	Mild	Moderate	Severe		
Secondary Diagnosis:			_ Diagnostic Code:		
Date of Diagnosis:					
Severity:	Mild	Moderate	Severe		



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1.	Is there a clear connection between the disability(ies) and the assistance that this
	specifically recommended animal will provide? What functional limitations will be
	minimized or alleviated by having an ESA? (Note: Stating that the animal will reduce
	anxiety or depression is not considered a symptom).

2. How will the animal be an integral component of treatment? How do you anticipate the animal will be incorporated into the student's treatment plan?

3. In your opinion, how important is it for the student's well-being that the ESA be in the residence hall on campus? Is there evidence that an ESA has helped this student in the past or currently?



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	Do you have any concerns regarding the student's ability to care for an animal during times of exacerbated symptoms? Please describe the reasoning behind your response.			
	Please provide any additional information that you feel would be helpful for the College to evaluate this student's request for an ESA.			
THIS COI	MPLETED FORM IS NOT TO BE GIVEN TO THE STUDENT. IT SHOULD BE SENT DIRECTLY TO COLLEGE.			
profession	NOTE: To provide healthcare documentation for a housing accommodation, the diagnosing onal must be an appropriate clinician or medical professional, who is not a family member, with ace and expertise in the area related to the student's disability.			
Clinician	name:			
Clinician	's state licensure/certification:			
Specialty	y: Phone:			
Signature:				